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# 2009 Star Stream Ball to Honor Two Dynamic Leaders



*2009 Star Stream Ball Honorees  
Mark S. Gabelman, MD, (left),  
President of the Medical Staff at  
Palisades, and Antonio Ibarria  
(right), Founder and Publisher of  
The Ibarria Publishing Group*

The PMC Foundation's Star Stream Ball has become one of the most-popular and successful fundraising galas in our area. This year's Ball promises to be even-more exciting and memorable because it will be held on Halloween Night—Saturday, October 31—at the beautiful Pleasantdale Chateau in West Orange.

The 2009 Star Stream Ball Planning Committee, chaired by Lely Eastwick, is working hard to finalize details for the black-tie event.

Classic masquerade masks and hats will be distributed at the event or guests may bring their own. Fiesta Orchestra, the lively and talented band that wowed attendees during last year's Ball, will be back by popular demand. Interactive entertainers, fantastic lighting and an amazing décor will also add to the festivities.

This year's honorees will be Mark S. Gabelman, MD, President of the Medical Staff at Palisades, and Antonio Ibarria, Founder and Publisher of The Ibarria Publishing Group. Both honorees have taken an active role in serving our community and are well recognized for their work in supporting the health and well being of our local residents.

Thanks to Dr. Gabelman's guidance and leadership, Palisades was one of only two hospitals in the entire state to receive a Perfect 100 Score' in treating heart attack patients by New Jersey's

Department of Health & Senior Services.

Ibarria is a well-recognized leader in our area's Hispanic community and he has been honored by countless organizations for making unique and lasting contributions to the Latino experience in the United States. A true entrepreneur, Ibarria is best known for publishing more than a dozen Spanish-language newspapers in New Jersey, New York and Miami, including El Especial and Especialito.

Formal invitations for the Ball will be mailed in August.

For more information or for early registration, please call the PMC Foundation Office at 201-854-5008. You can also register online at [www.palisadesmedicalfoundation.org](http://www.palisadesmedicalfoundation.org).

**19<sup>TH</sup> ANNUAL  
PALISADES  
CLASSIC**  
**SEE THE PHOTOS!**  
**PAGES 8-9**



*3rd Annual*  
**CASINO**  
**Night!**  
*on the Waterfront*  
*Presented by*



**Palisades Medical Center Auxiliary**

**THURSDAY, AUGUST 20 • 6-11 PM**  
**Frank's Waterside Restaurant**  
**North Bergen, NJ**

Glitz, glam and gambling helps the PMC Foundation! Please join us at the exciting 3rd Annual Casino Night where you can try your luck at Blackjack, Poker, Texas Hold 'Em, Craps, Roulette, and more. Win great raffle prizes or take a chance on the 50/50—last year's prize was \$5,400!!

\$100 Admission includes buffet dinner (beer, wine and soda), and \$150 in Casino Chips. Additional chips may be purchased throughout the evening at special rates.

**Call Denise 201-854-5011 or register online**  
**[www.palisadesmedicalfoundation.org](http://www.palisadesmedicalfoundation.org)**

*Space is limited.*



*Letter from the*  
*Executive Director*

It has been proven time and again that people will support worthy philanthropic causes in both good and bad economic times. In fact, when times are difficult, people seem to respond with even greater dedication, generosity and a genuine sense of sacrifice.

That is why I want to take a moment to say "thank you" to those of you who have supported the PMC Foundation during these tough economic times. Clearly, you have all made the choice to take pride in Palisades and help us build towards a future of growth. We especially appreciate that your support comes at a time when we need it most.

Unlike many businesses, Palisades and other community hospitals do not have the option of simply slashing budgets and programs when the economy is rough. Demand for our services continues to grow and a greater financial strain is being placed on hospitals that care for every person who seeks help, regardless of their ability to pay. Charity care amounts to millions of dollars each year, and Palisades only receives approximately 1/3 of that amount in charity care reimbursements.

While this will be an ongoing challenge, we are grateful for generous supporters, like you, who are helping us build an endowment fund to ensure sustained growth in the years ahead. Pledges to our 30th Anniversary Campaign have surpassed \$5 million, our 19th Annual Palisades Classic raised more than \$125,000, and we have received numerous tribute donations in recognition of our caregivers.

Thank you for your continued support in ensuring that the Medical Center and the Harborage are always here to care for our neighbors.

A handwritten signature in black ink that reads "Elisse Glennon".

Elisse E. Glennon  
VPI Executive Director



# Judith Rivera Named Employee of the Year

On May 15, cheers filled the room during the Employee Recognition Dinner when Judith Rivera, Patient Registrar, was named Palisades' 2008 Employee of the Year.

Judith Rivera's connection to Palisades began nearly 30 years ago when she was born in the Birthing Center. In August 2000, she began her career at Palisades as a part-time Patient Registrar and moved to a full-time position three months later. Her hard work and dedication recently earned her a promotion to be Palisades' Lead Patient Registrar.

Judith is admired by her peers for her ability to work calmly in stressful situations. She always expresses warmth when assisting patients to help make them feel comfortable. She is recognized as a true team player and is always willing to assist her co-workers. She also has an excellent ability to multi-task in order to create a steady workflow in her department.

Judith resides in Lyndhurst with her husband, Radhames, and their three children, Tiara, Juliet and Isaac. She is actively involved with her kids and their school activities, and she is proud to profess that she is a "Soccer Mom." In her free time, Judith enjoys crafts, baking, and planning parties with family and friends.

## Harborage Happenings

The past few months have been an extremely active time at the Harborage. Residents have participated in dozens of fun activities, including a carnival, a Mother's Day and St. Patrick's Day celebration, and a dress-to-impress spring dance and talent show.

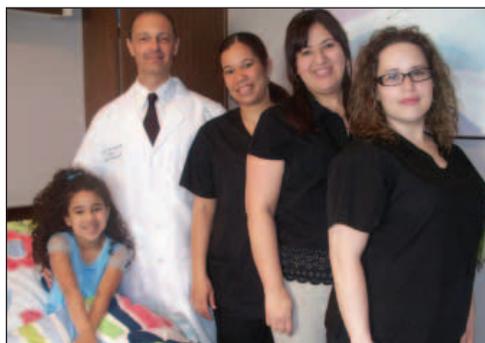
The Harborage residents also developed a new volunteer group to lend a helping hand in our community. Seniors R.O.C. - Reaching Our Community held its first food drive and fundraiser to support the Palisades Emergency Residence Corporation (P.E.R.C.). The group is now planning additional fundraisers to support our neighbors in need.



# NEWS TO KNOW

- *Treating Kids With Sleep Disorders*
- *Hispanic Nurses Celebrate Graduation*
- *Palisades Recognized for Respiratory Care*
- *Remembering Joan M. Venino*

## Caring for Children with Sleep Disorders



The Sleep-Wake Center at Palisades now specializes in treating children with sleep disorders, such as Obstructive Sleep Apnea Syndrome (OSAS), Insomnia, Sleepwalking, Bedwetting, Night Terrors, Bruxism (teeth grinding), Periodic Limb Movement Disorder (PLMD)/Restless Legs Syndrome (RLS) and other less recognized diseases of sleep like Narcolepsy. The expanded services at Palisades comes at a time when physicians and psychologists estimate that as many as 30% of children may have a sleep disorder at some point during childhood. For more information about the Sleep Wake Center at Palisades, please call 201-854-5412.



## First Bilingual Hispanic Nursing Class Graduates

Ruben D. Fernandez, Vice President of Patient Care Services at Palisades, had a dream to develop the state's first nursing program that would help Spanish-speaking people enter the nursing profession as quickly as possible. That dream came true in March when Eastwick Education's HoHoKus Hackensack School graduated its first Bilingual Hispanic Nursing class. The graduating class was honored with a nursing pinning ceremony and Fernandez was the guest speaker.

The 18-month program was developed through a collaboration between Palisades and Eastwick Education. It includes 600 hours of English as a Second



Language (ESL) in addition to the curriculum and training necessary for graduates to take the Licensed Practical Nursing (L.P.N.) national licensing exam.

The U.S. Census Bureau ranks Hudson County as having the 10th-highest Spanish-speaking population in the nation, with close to 40% in total. In northern New Jersey, it is estimated that less than 5% of all licensed nurses speak Spanish. The Bilingual Hispanic Nursing Program is working to combat this well-documented shortage of nurses and accommodate the increasing percentage of non-English-speaking patients.



# Respiratory Care Earns National Recognition

Palisades has earned Quality Respiratory Care Recognition (QRCR) under a national program aimed at helping patients and families make informed decisions about the quality of respiratory care services available in hospitals. Only 700 out of the 5,000 hospitals in the United States have applied for and received this award. The QRCR program

was started by the American Association for Respiratory Care (AARC) in 2003 to help consumers identify those facilities using qualified respiratory therapists to provide respiratory care. Hospitals earning the QRCR designation ensure patient safety by adhering to a strict set of criteria.



## *In Memory of Joan M. Venino*

On March 8, the Palisades family said good-bye to a beloved volunteer, Joan M. Venino.

Joan was a loyal volunteer, Auxilian and good friend of Palisades for more than thirty years.

In 1979, Joan became proud volunteer #156 to help support our new community hospital. At that time, no one could have ever imagined what an impact Joan would make in the years ahead.

Joan literally became the face of Palisades for thousands of patients and visitors while working in the Gift Shop. She always made it her duty to greet customers with a smile and kind words.

In addition to her work in the Gift Shop, Joan served as a key member of our Auxiliary and she helped organize dozens of bake sales and other fundraising activities to support Palisades.

No matter what project or activity it was, Joan was known for always being the person to ask the tough questions and stay on top of the details to make sure things were getting done right.

To honor her life and dedication to Palisades, our Gift Shop was officially renamed in her memory during a reception and ceremony on May 21.

John C. Meditz and Arthur E. Imperatore gave heartfelt speeches about Joan and her work at Palisades. Isabelle Romano spoke about how Joan

took great pride in preparing delicious goodies for Auxiliary bake sales, and she announced that the Auxiliary would be naming all future bake sales in Joan's honor.

The PMC Foundation has received more than \$10,000 in generous donations in Joan's memory. Clearly, that is a true testament to Joan's life and her dedication to Palisades.

The Venino Family has always had a strong tradition of supporting Palisades and our entire community. We are extremely grateful for their continued support.

Joan will always be remembered for her caring heart, elegance, and true passion for helping others.



# 30<sup>th</sup> Anniversary Campaign Update

Strong community support continues to help grow the PMC Foundation's 30th Anniversary Campaign. Nearly 2,000 supporters have now pledged more than \$5 million.

The 30th Anniversary Campaign will help modernize and expand services at the Medical Center and the Harborage to keep pace with the growing needs of our community. The Campaign has already helped launch an Endowment Fund that will contin-

ue to ensure the sustainability of quality programs. Campaign donations will also support projects that are critical for the delivery of quality healthcare in the future, including renovations of patient rooms and Same Day Surgery facilities, upgrades to the Emergency Department, expansion of Operating Rooms, a women's health initiative, and growth of community wellness programs and screenings.

We sincerely appreciate and acknowledge the generosity of those who have supported the 30th Anniversary Campaign. If you have not yet made your pledge, please join our united effort now.

For more information, please call the Foundation Office at (201) 854-5008 or visit [www.palisadesmedicalfoundation.org](http://www.palisadesmedicalfoundation.org)

## A Donor Bill of Rights

**PHILANTHROPY is based on voluntary action for the common good. It is a tradition of giving and sharing that is primary to the quality of life. To assure that philanthropy merits the respect and trust of the general public, and that donors and prospective donors can have full confidence in the not-for-profit organizations and causes they are asked to support, we declare that all donors have these rights:**

- I. To be informed of the organization's mission, of the way the organization intends to use donated resources, and of its capacity to use donations effectively for their intended purposes.
- II. To be informed of the identity of those serving on the organization's governing board, and to expect the board to exercise prudent judgment in its stewardship responsibilities.
- III. To have access to the organization's most recent financial statements.
- IV. To be assured their gifts will be used for the purposes for which they were given.
- V. To receive appropriate acknowledgement and recognition.
- VI. To be assured that information about their donations is handled with respect and with confidentiality to the extent provided by law.
- VII. To expect that all relationships with individuals representing organizations of interest to the donor will be professional in nature.
- VIII. To be informed whether those seeking donations are volunteers, employees of the organization or hired solicitors.
- IX. To have the opportunity for their names to be deleted from mailing lists that an organization may intend to share.
- X. To feel free to ask questions when making a donation and to receive prompt, truthful and forthright answers.

Developed by: American Association Of Fund Raising Counsel (AAFRC), Association For Healthcare Philanthropy (AHP), Council For Advancement And Support Of Education (CASE), and Association Of Fundraising Professionals (AFP)



TD Bank through TD Charitable Foundation has donated \$25,000 to support Palisades' Faith Based Community Outreach Program. Pictured (from left) Bruce J. Markowitz, President and CEO of Palisades Medical Center; Elisse E. Glennon, VP/Executive Director of the PMC Foundation; Blanca Mankiewicz, VP of Cash Management of TD Bank; Daisy Carrillo, Business Development and Sales Manager of TD Bank; and Vito Giannola, Regional Market Manager of TD Bank.



United Water has pledged \$37,500 to support the 30th Anniversary Campaign. Pictured (from left) Kevin O'Connor of United Water and Elisse E. Glennon, VP/Executive Director of the PMC Foundation.

# Check it OUT!

Our enhanced website now makes it as easy as 1-2-3 to make a donation or register for a PMC Foundation event!

Visit us online today at  
[palisadesmedicalfoundation.org](http://palisadesmedicalfoundation.org)

# Palisades' New ER Gets Patients from Door-to-Doctor in 9 Minutes

## Federal Appropriation Supports Emergency Room Expansion

Palisades Medical Center was recently awarded a \$285,000 federal appropriation to support its Emergency Room Renovation Project. The 2009 Omnibus Appropriations were approved by the U.S. Congress and signed into law by President Barack Obama in March.

Emergency Room visits at Palisades have risen from 30,009 in 2006 to 34,000 in 2008—a 13% increase. Emergency Room visits are projected to rise another 7% in 2009.

To meet this significant volume growth, Palisades has given its Emergency Room a facelift, added new technologies and incorporated a new Rapid Evaluation Unit (REU) to provide immediate assessment to incoming patients and allow for faster triage and bedside registration.

The changes and upgrades have already reduced Emergency Room waiting time for patients to receive a medical exam to only 9 minutes in May 2009.

The 2009 Omnibus Appropriations will enable Palisades to continue its renovations and upgrades.

The department's nursing station will be reconfigured to improve workflow and augment patient privacy. Treatment areas will continue to be improved, and access for walk-in patients will be modified to permit direct access from the waiting area. Additional restroom facilities and new storage areas will also be added.

In addition to the REU, recent enhancements in the new Emergency Room at Palisades include:

- ✓ All board certified ER physicians.
- ✓ Clinical nurse leaders that are masters prepared.
- ✓ Digital Radiology.
- ✓ A New Picis Computer System that enhances patient safety and sharing of clinical data with medical team.
- ✓ Spectra link phones that provide immediate and unparalleled access for physicians to all caregivers in the ER.
- ✓ A Vital Works computer technology system that tracks all emergency patients during their most critical time, allowing the medical team to have up-to-the-minute status reports, including



***THE WAIT IS OVER – The days of waiting for hours in the Emergency Room for treatment are over. Palisades new Emergency Room provides immediate assessment to incoming patients and allows for faster triage and bedside registration.***

*laboratory and radiology results.*

- ✓ *Expansion of Patient Treatment Areas, which are outfitted with cardiac, stroke, ventilation and other special care technologies.*
- ✓ *Renovations to the Patient Waiting Room and staff facilities.*

The Emergency Room upgrades at Palisades come at a time when the Institute of Medicine of the National Academies has

declared that there is a national epidemic of overcrowded Emergency Departments throughout the United States.

New Jersey hospitals, in particular, face an even-greater struggle due to the state's unusually high population density and its 1.2 million uninsured residents who often rely on Emergency Departments as their provider of last resort.



# Golf & Tennis Tournament Raises \$125,000!



**SEE MORE PHOTOS FROM THE PALISADES CLASSIC!**  
*Visit us at [www.palisadesmedicalfoundation.org](http://www.palisadesmedicalfoundation.org)*



On May 11, more than 160 PMC Foundation supporters gathered at the Ridgewood Country Club in Paramus during the 19th Annual Palisades Classic Golf & Tennis Tournament. The event raised more than \$125,000 to help Palisades Medical Center and the Harborage upgrade facilities, expand services, and establish greater contact with the community.

More than 120 golfers hit the links, 16 tennis players put their racket skills to the test, and dozens more came to enjoy the evening reception. Many local companies and organizations sponsored the Palisades Classic, including top sponsors Qualcare Inc., Siemens Medical Solutions USA and Verizon.

We are extremely grateful to all of the individuals and organizations that helped make this year's Palisades Classic an overwhelming success. Their generous philanthropic support during these challenging economic times shows that Palisades has truly made a strong connection to the people and communities it serves.





## THANK YOU TO OUR SPONSORS!

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Verizon

### EAGLE SPONSORS

The Harborage  
United Water

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Coca Cola Bottling Company  
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North Hudson Community Action  
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Palisades Emergency Services  
Promise Care

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Omni Health Systems of New Jersey, Inc  
Palisades Radiology Association

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Prescription Corp of America  
Reisman, Rosenberg and Pfund, LLP  
Spruce Industries, Inc.  
Tobron Office Furniture  
Donna M. Uher and Arthur E. Imperatore  
USI Consulting Group

\* We sincerely regret any errors or omissions.

# Honoring Our *Caregivers*

*In April and May, Palisades' caregivers were recognized during a series of events and activities. The Annual Employee Recognition Dinner and a Doctors' Day celebration were each held at Frank's Waterside restaurant. Both events featured great food, dancing and spirits. Additional activities were held in recognition of Nurses Week and Hospital Week.*



# 2009 Doctors' Day Tributes

Many supporters of the PMC Foundation made tribute donations in honor of the following physicians:

Saeed R. Abbassi, MD  
 Carlos E. Alcorta, MD  
 Anwar Al-Haddawi, MD  
 Samir R. Amin, MD  
 Sadrul Anam, MD  
 Angelito O. Arago, MD  
 Azzam A. Baker, MD  
 Nestor R. Bautista, MD  
 Victoria N. Beracha, MD  
 Naimat Bokhari, MD  
 Maria E. Bornia, MD  
 Jeffrey A. Bourne, MD  
 Robert W. Boyajian, MD  
 Mark J. Brescia, MD  
 Aida P. Capo, MD  
 Maria P. Capo, MD  
 Elma D. Castillo, MD  
 Rodrigo I. Castillo, MD  
 Mohammad A. Chaudhry, MD  
 Young I. Choi, MD  
 Denise M. Daub, MD  
 Leonardo J. DiVagno, MD  
 David Fayngersh, MD  
 Hector L. Florentino, MD  
 Mark S. Gabelman, MD  
 Henry C. Gaspard, MD  
 Gilberto F. Gastell, MD  
 Marc Goldstein, DO  
 Juan A. Gonzalez, MD  
 Victor Gorloff, MD

Luis A. Goyco, MD  
 Gerald Grodstein, MD  
 Munir A. Hasan, MD  
 David B. Hershan, MD  
 Donna Hutton-Cassie, MD  
 Richard Ignatius, MD  
 Merab Joseph, MD  
 Dennis H. Kelly, MD  
 Andrzej E. Klos, MD  
 Mohamed Lateef, MD  
 Selwyn E. Levine, MD  
 Altagracia Llavarias, MD  
 Saul M. Luchs, MD  
 Gregory G. Magee, MD  
 Jose O. Maldonado, MD  
 Samuel E. Mapp, MD  
 E. T. Marcelo, MD  
 Jeffrey S. Matican, MD  
 Maria G. Mena, MD  
 Nicholas Mentus, MD  
 Thomas Migliaccio, MD  
 Maurizio A. Miglietta, DO  
 Alex A. Molina, MD  
 Antonio Morgado, MD  
 Osama M. Moshet, MD  
 Jose B. Munin, MD  
 Nabeel N. Najib, MD  
 Mary M. Nath, MD  
 Piotr Oko, MD  
 Cheryl Panem, MD

Randyll A. Pavia, MD  
 Mario E. Pelletier, MD  
 Regina Politis, MD  
 Yana Poltinnikova, MD  
 Anca Popa, MD  
 Alan B. Port, MD  
 Alexander Portugal, MD  
 Sadhna Rastogi, MD  
 Surender M. Rastogi, MD  
 Teodorico R. Rodriguez, MD  
 Elvira Rubia-Sazon, MD  
 Elena Rubino, MD  
 Adela Rubio, MD  
 Nestor M. Sagullo, MD  
 Chitra Sethi, MD  
 Jeffrey Shaari, MD  
 Mehdi T. Shaari, MD  
 Kamallesh R. Shah, MD  
 Matthew J. Shatz, MD  
 Muhammad R. Siddiqui, MD  
 Samundar K. Singh, MD  
 Aaron A. Stein, MD  
 Stefano M. Stella, MD  
 Daxa B. Surti, MD  
 George T. Weinberger, DO  
 Leonidas Zapiach, MD  
 Edward D. Zigu, MD

*\*We sincerely regret any errors or omissions.*



## Guardian Angel Tributes

Patients and families clearly recognize that Palisades' greatest strength is the compassionate service provided by our nurses, physicians and other caregivers. The following caregivers were recently honored with tribute donations:

4 East Staff  
 5 West Staff—  
 Nurses, Nursing Assistants, Maintenance,  
 Physical Therapists  
 Jasmin Belmonte, LPN  
 Janet Farulla, RN  
 Karen Francis, RN  
 Necmiye Kacaroglu, NA  
 Loren A. Morales, Patient Registration  
 Alice Parma, NA  
 Joanne Phillips, NA  
 Fay Spragley, NP

*\*We sincerely regret any errors or omissions.*

# Saluting Our Dedicated Volunteers

On April 24, Palisades Medical Center celebrated National Volunteer Week by holding a luncheon at Frank's Waterside to recognize the efforts of its volunteers. During the luncheon, Bruce J. Markowitz, President & CEO of Palisades, presented commemorative pins to more than 30 volunteers to recognize their cumulative hours of service.

Beatriz "Bea" Garcia of Edgewater received special accolades for reaching 13,500 hours of service. Bea has been a true friend and tireless volunteer at Palisades for the past 14 years. She is well respected by

Palisades' employees and Medical Staff for her work in lending a helping hand to virtually every department.

Volunteers provided more than 23,000 hours of service at Palisades during the past year. That equates to more than \$520,000 in service value, according to the State of New Jersey. Volunteers also helped raise thousands of dollars for the Medical Center and the Harborage nursing home and rehabilitation center through their work at the Gift Shop, the Thrift Shop and Auxiliary fundraising activities.



See More Photos From  
The Volunteer Luncheon!  
[www.palisadesmedicalfoundation.org](http://www.palisadesmedicalfoundation.org)

# "Fun-Raising" With PMC Auxiliary

*Members Host Bake Sale, Book Sale and Mother's Day Plant Sale in Support of the PMC Foundation*



**Palisades Medical Center Auxiliary**

*The last few months have been extremely busy for Palisades' Auxiliary members. This hard-working group has organized several successful fundraising activities to support the PMC Foundation, including a bake sale, a book sale, and a Mother's Day plant sale.*

*For more information on upcoming Auxiliary activities or to become a member, please call Denise Whitley, Coordinator of Volunteer Services, at 201-854-5011.*

**WE  
NEED  
YOU!**

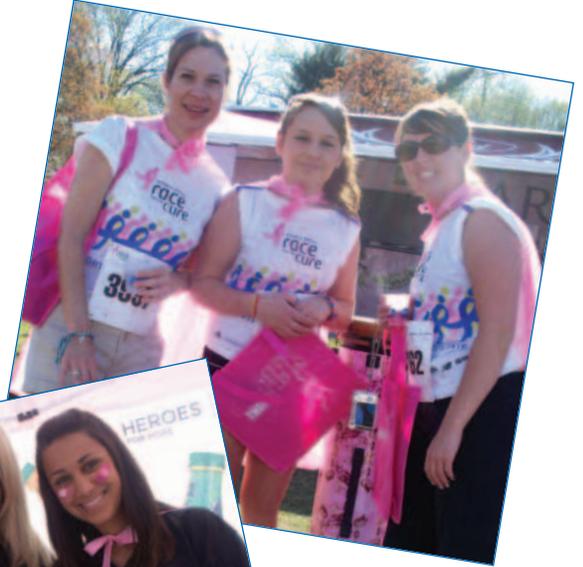
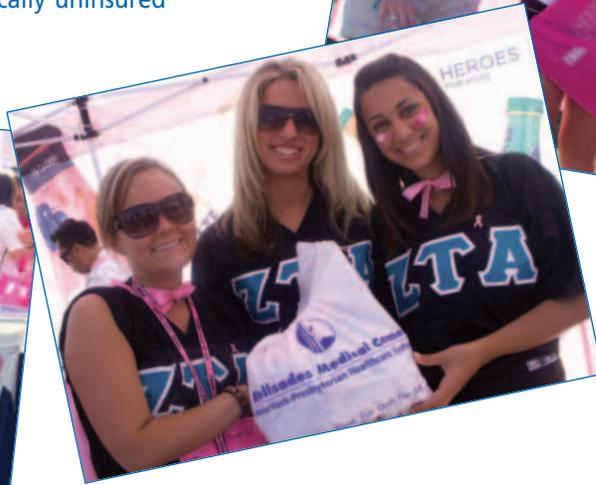
Volunteer activities at Palisades include assisting the nursing staff and patients, working in the Gift Shop and Thrift Shop, performing clerical duties, and organizing special fundraising events. Volunteer positions offer flexible hours including nights and weekends. **For more information or to become a volunteer, please call Denise Whitley, Coordinator of Volunteer Services, at 201-854-5011.**

# Community Connections

To see more photos, please visit [www.palisadesmedicalfoundation.org](http://www.palisadesmedicalfoundation.org).

## Race For the Cure

Palisades proudly supported the 2nd Annual Susan G. Komen Race for the Cure event at Branch Brook Park in Newark. Nearly 10,000 participated in the race to support breast cancer treatment and research. Palisades staff members were on hand in the event's exposition area to promote Palisades' partnership with the Komen North Jersey Affiliate and the Hudson County and Bergen County CEED programs to provide needed screenings and treatments to medically uninsured women in our area.



## Womens' Health Fair

Just in time for Mother's Day, a Women's Health Fair was held at the Palisades Sports & Fitness Center. The event featured free health tests and screenings, including blood pressure, blood sugar, cholesterol, flexibility and posture, and breast exams. Attendees also participated in a free yoga class and were treated to a presentation by Urogynecologist Sam Hessami, MD, FACOG, Director of the Continence Center at Palisades.





## *Lions Club Health Fair*

Palisades and the West New York Lions Club teamed up to organize "Feria de Salud," a community health fair for local residents at the West New York Community Center. Several physicians were on hand to answer questions on health issues, and staff provided free health tests and screenings throughout the day.



## *Our Future Doctors and Nurses*

Students from Paramus High School participated in a Career Day at Palisades to learn what it takes to be a medical professional. Students followed staff from various clinical areas, including Same Day Surgery, the Birthing Center, the Sleep-Wake Center, Radiology and Physical Therapy. The Career Day activity was made possible thanks to Palisades' partnership with the Paramus Rotary Club.



## *Saluting Our First Responders*

Palisades held a reception at Frank's Waterside to honor the work of EMS/EMT Crews throughout Hudson and Southern Bergen Counties. The event served as the Medical Center's way of saying "Thank You" for their tireless efforts in keeping our neighbors healthy and safe.





# Palisades Medical Center Foundation

7600 River Road  
North Bergen, NJ 07047  
201-854-5008



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Visit [www.palisadesmedicalfoundation.org](http://www.palisadesmedicalfoundation.org)

# Save the Date!

## CASINO NIGHT

August 20, 2009 • 6:00 PM  
Frank's Waterside Restaurant  
North Bergen, NJ

## STAR STREAM BALL

October 31, 2009 • 7:00 PM  
Pleasantdale Chateau  
West Orange, NJ

# A Message From a Grateful Patient

*In September 2008, I experienced gastrointestinal bleeding as a result of pain medications I was taking for a severe knee injury. I was rushed by ambulance to Palisades Medical Center's Emergency Room for treatment, and I must admit to being quite scared. The staff immediately set me at ease with their professional, reassuring, positive attitude.*

*The on-call physicians took the time to listen carefully to answer all of my questions and to explain each procedure that would be performed. The doctor in charge of my care exuded a delightful, caring personality, and assured me I was in good hands, as she carefully explained my condition and the course of treatment to me and just as importantly to my family members.*

*Although the five days I spent in the Critical Care Unit and the Acute Care Unit were a frightening time for my family, I have nothing but compliments for the considerate care and treatment I received from the entire staff - from the doctors and nurses to the aides and technicians. They treated me with the highest level of professionalism, as they administered to my needs in a most compassionate, sensitive and thoughtful manner. Everyone worked together to create an environment that was very conducive to healing.*

*I must honestly say, several years ago I had an emergency condition and was treated in the same Emergency Room and that I am pleased to report a 100% improvement in attitude, treatment and*

*overall experience. I am very pleased with the improvements and excellence Palisades Medical Center is achieving at all levels. Since my knee replacement in November, I have been visiting the Physical Therapy department at the Medical Center several times each week. The care provided by the physical therapists is also excellent. I am pleased to have such a high-caliber, multi-faceted facility close to home.*

*I would not hesitate to recommend Palisades Medical Center to family, loved ones, friends and neighbors. Please keep up the excellent work!*

*Sandy Taube*  
North Bergen, NJ